# 2024 Glasgow-Barren County Resource Guide

RESOURCES FOR THE GLASGOW BARREN COUNTY AREA

**Created by Networking Neighbors** 

# TABLE OF CONTENTS

AGING SERVICES PG 2, 3
CHILD CARE ASSISTANCE AND
PROVIDERSPG 3
CHURCHESPG 3, 4
CLOTHING ASSISTANCEPG 4
COMMUNITY SERVICESPG 4, 5, 6, 7
COUNSELINGPG 7
CRISIS SERVICES and CRISIS HOTLINESPG 8, 9
EMPLOYMENT ASSISTANCEPG 9, 10
ENTERTAINMENT & FITNESSPG 10
FOOD ASSISTANCEPG 11
HIGHER EDUCATIONPG 11, 12
HOUSING ASSISTANCEPG 12
MEDICAL SERVICESPG 12, 13, 14
SCHOOLS' FAMILY RESOURCE CENTERSPG 14, 15
THRIFT STORESPG 15
TRANSPORTATIONPG 15, 16
UTILITY ASSISTANCEPG 17
VETERANSPG 17
YOUTH ORGANIZATIONSPG 17, 18
GLASGOW TRANSIT BUS SCHEDULE 19
COMMODITY PICK UP DATES 20

# AGING SERVICES & LONG TERM CARE

### Barren River Area Agency on Aging & Independent Living

177 Graham Ave.

Bowling Green, KY 42101

For Information & Assistance Call:

270-782-9223 or 1-800-395-7654

Fax: 270-843-2393

Serves Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson & Warren Counties

Aging and Disability Resource Center - a specialty resource and counseling center to provide easier access to services and support for individuals who are elderly and/or those with disabilities. Barren River Area Agency on Aging and Independent Living 270-782-9223 or 1-800-395-7654 Bradd.org

<u>Center for Accessible Living</u> - a resource center for people with disabilities. Provides information, advocacy, and services that create opportunities for people with disabilities to live as independently as possible. Services may also include transition services, business services, and technical assistance. <u>Disability Resource</u> Center 270-599-0911 Calky.org

#### Community Action of Southern Kentucky -

provides a range of human services to residents of the Barren River area and manages the Senior Centers for each county.

Corporate Office 270-782-3162 Casoky.org

Emergency Response Systems - electronic devices that permit an individual to obtain assistance in case of an emergency by pressing a button on a necklace or wristband. Private pay.

Acadian on Call 1-877-477-6507

Guardian Medical Monitoring 1-888-349-2400 Home Instead Senior Care 270-842-7540 Homeinstead.com Lifeline Medic Alert 1-855-332-7799

<u>Hart Supported Living Grant</u> - program that is based on individual need for persons with disabilities who are needing help to live in the home of their choice. Services may include adaptive and therapeutic equipment, home modifications, vehicle modification, and start-up

grants. Region 2 Coordinator 502-229-5211 Chfs.ky.gov

Home Delivered Meals - a nutritious lunch is delivered to your home Monday through Friday for qualifying seniors. Donations accepted. Barren River ADRC 270-782-9223 or 1-800-395-7654

Hospice Services - provides end of life care to terminally ill patients and their families. May be paid by Medicare, Medicaid, or private insurance, with a physician's order. Hospice of Southern Kentucky 1-800-344-9479 (Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Simpson, & Warren)

TJ Samson Hospice 270-651-4430 or 1-800-651-5635

In Home Services - Assistance with activities such as bathing, dressing, toileting, cleaning, laundry, shopping, and errands. Respite care is also offered to provide relief to a caregiver by providing supervision and care for an impaired senior in the home. Barren River Area Agency on Aging & Independent Living 270-782-9223 or 1-800-395-7654

#### **Kentucky Transitions/ Money Follows the**

<u>Person</u> - program to assist Medicaid eligible residents of Nursing homes with returning to the community. <u>MFP Coordinator 502-564-0330 or 1-877-564-0330</u>

<u>Legal Assistance</u> - Free basic legal assistance is offered to individuals over the age of 60 for issues such as living wills, powers of attorney, health care surrogate, and general wills. They also assist with benefits such as social security, SSI, Medicaid, Medicare, and Veteran's benefits. Other legal matters may be considered. <u>Kentucky Legal Aid</u> 270-782-5740

Long Term Care Ombudsman - The Ombudsman acts on behalf of all nursing home residents, as well as their families or friends, to resolve complaints concerning care issues within a nursing home at no cost. Kentucky Legal Aid Ombudsman Program 270-780-8835 Klaid.org

Office of Family Support - Process application for food stamps and Medicaid. Department for Community Based Services 855-306-8959

#### **Adult Day Care**

#### **Golden Years**

Serves Every County in KY 770 Industrial Drive Edmonton, KY 42129

Phone: 270-432-2044

### T.J. Samson Community Hosp. Home Health Care

270-651-4430

#### Just Family Inc.

In Home Health & Day Program. 102 Hippocrates Way *Glasgow*, *KY* 270-651-1244

### **Child Care**

#### Kentucky Child Care Assistance Program

746-D East Main St.

Glasgow, KY

1-800-809-7076

Provides subsidies so that parents can obtain quality child care that allows them to work, attend education and training programs and / or participate in the Kentucky Temporary Assistance Program

#### <u>Licensed or Certified Child Care</u> <u>Providers</u>

#### YMCA of Barren County

1 YMCA Way Glasgow, KY 42141 270-651-7599

Glasgow's "Lets Go Play" Academy 218 Parkview Dr. Glasgow, KY 42141 270-651-8444

**Children's Choice Academy**1295 North Race St Glasgow, KY 42141 270-629-5068

**Watch Me Grow Learning Center** 

219 Reynolds Rd Glasgow, KY 42141 270-261-5465

#### **Churches**

#### Calvary Baptist Church

307 Columbia Ave Glasgow, KY 270-651-8572



#### **Coral Hill Baptist Church**

3260 Coral Hill Rd Glasgow, KY 270-453-4108

#### **First Christian Church**

1100 N Race St. Glasgow, KY 270-651-6164

#### First United Methodist Church

500 S Green St Glasgow, KY 270-651-3445

#### **Glasgow Baptist Church**

401 S Green St Glasgow, KY 651-2186

#### **Immanuel Baptist Church**

104 Western Hills Rd Glasgow, KY 270-678-7729

#### Saint Helen's Catholic Church

W Brown St Glasgow, KY 270-651-5263

#### South Green Street Church of Christ

306 S Green St 270-651-5049

#### The Avenue Church

315 Columbia Ave Glasgow, KY 270-651-8501

### **Clothing**

#### **Next Step**

107 West College St 659-0020

This agency assists low income families with many services. Some include food, deposits, electricity and water cut off notices, clothing, emergency shelter

### **Community Services**

#### 211 Get Connected, Get Help

211 is a health and human services information and referral line serving Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, and Warren counties in Kentucky. Anyone can call 2-1-1 or our toll-free number 1-844-966-0906, and a call specialist will get some additional information and search for resources in the area. The information on the resource (organization name, address, phone number, hours/days of service, type of program, etc.) is given to the caller. This free service is provided by United Way of Southern Kentucky and is available 24 hours/day, 7 days/week. We currently have over 800 programs/services representing nearly 450 organizations in our database, and we are always adding new resources and updating current resources.

#### **Alcoholics Anonymous**

#### Glasgow Meetings

First Christian Church - Mondays, Saturdays 1100 N Race St Glasgow, KY 270-651-6164

Mondays 7:00 PM, in Fellowship Hall Contact: Anne M 270-670-9170

Saturday Men's meeting. Seeker's room (upstairs off wing) 9:00 AM Contact - Shane B: 270-570-2886

#### AL-Anon (for family members of alcoholics)

6:00 PM - FCC McLean Parlor (front room off main entrance in back lot)

Contact: Carolyn M: 270-590-1563

Calvary Baptist Church - Tuesday, Wednesday,

Thursday, Friday & Saturday 11:00 AM 307 Columbia Ave Arthur G - 270-428-2409 Tim D - 270-651-7329

Crossland Community Church - Tuesday & Wednesday

217 N. Rogers Wells Blvd Glasgow, KY 42141 11 AM Jackie B. 270-579-3116

Methodist Church - Friday, 7:30 PM

Freedom Group 500 S Green St Glasgow, KY 42141

Jason C: 270-991-8010

Glasgow Friday Nights

7:30 PM

Austin, P. 270-590-4036

#### **Cave City Meetings**

Cave City Community Center - Monday &

<u>Thursday</u> 105 Duke St Cave City, KY 42127

Cave City 12 &12 Group

7:30: Monday

Contact: Larry M. 270-579-2655

#### Caring & Sharing Group

**Thursday** 

Contact: Terz D 270-576-4219

Monday, 7:30 PM

Connie P - 270-773-5265 Duke H - 270-773-2522

### Breaking Chains/ Narcotics Anonymous

Meetings every Wednesday 6:30 pm at the YMCA. Contact: A. K. Murrey 270-670-9170

#### **Arc of Barren County**

123 E. Washington St. Glasgow, KY 42142-0205

The Arc of Barren County is a chapter of The Arc of KY & The Arc of the United States. We are a 501c3 nonprofit in Barren County, KY that works to improve the lives of individuals with intellectual and developmental disabilities. We provide support, networking, advocacy, training & resources in local, state & national levels of local government, schooling, caregiving, waivers & legislation etc.

#### **Barren County Child Support Division**

125 East Main St.

Glasgow, KY

Phone-270-651-2787

Services include but not limited to: setting/ collecting child support payments; pursues action to collect arrearages; paternity establishments done for children born out of wedlock, criminal actions taken for non-support cases. FREE 270-651-8396

### Barren County Cooperative Extension Service

1463 W Main St Glasgow, KY 270-651-3818

#### **Bridge KY Warming Room**

603 W. Main St.

Glasgow, KY T

The warming room is a 24/7 safe space for those seeking momentary shelter from the low outdoor temperatures.

Microwave, coffee machine, and chairs, 10-12 people can sit comfortably while warming up and staying safe from the freezing winds. To access the room, visitors pull open the door that's located to the right of the building's main entryway.

### CASA (Court Appointed Special Advocate) of South Central KY

Jana Sublett, MPA
Executive Director
P.O. Box 867
316 E 10th Ave.
Bowling Green, KY 42102-0867
270-782-5353

CASA of South Central KY: http://www.casaofsck.org

KY CASA Network: http://
www.KentuckyCASANetwork.org
CASA of south Central KY recruits & trains
concerned citizen volunteers to advocate for the
best interest of abused, neglected, & dependent
children in the foster care & Family Court systems
in Barren, Butler, Edmonson, Hart, Metcalfe, &
Warren counties.

### Cabinet for Health & Family Services - Family Support

746-D East Main Street P.O. Box 218 Glasgow, KY 1-855-306-8959

WEBPAGE: www.chfs.ky.gov

#### **Child Care Resource and Referral**

1-800-621-5908

Serving the BRADD area including Barren County <u>Child Care Resource</u> and <u>Referral provides</u> parents referrals for parents looking for licensed or certified child care providers.

### Community Action Family Nurturing Program:

Andrea Willis - email: awillis@casoky.org

CCC Program Manager/CCC Regional Network

Coordinator

Community Action 921 Beauty Avenue

Bowling Green, KY 42101 Phone: 270-782-3162. Ext. 174

Fax: 270-783-8901 sadams@casoky.org

#### In Home

The Community Collaborations for Children (CCC) In Home Program provides trained, in-home family service associates to work in the home on a short-term basis with families. The associates identify family strengths as well as areas of concern. The strengths based approach to in home services is designed to promote safe, stable, healthy families and to prevent child abuse and neglect. Program staff also assists families in their ability to utilize community resources. Referrals are accepted through community partners, including but not limited to DCBS. Self-referrals are accepted.

#### **Crossroads Life Center**

Carla Estes Executive Director 123 E. Washington St. 270-651-2299

Cell: 956-532-2710

Email: Carla@crossroadsky.org

FREE & CONFIDENTIAL Services include: Pregnancy Testing Help & Education Regarding Your Options Material Assistance Parenting & Life Skills Classes Sexual Integrity Classes Community Referrals

### **KY-ASAP** (Alcohol Substance Abuse Assistance)

310 N. L. Roger Wells Blvd. Glasgow, KY 42141 270-651-4526

BHM Kentucky Agency for Substance Abuse Policy works to promote the reduction of alcohol, tobacco & other drug use & it's consequences among youth & adults in our communities. Our focus is to identify & address local youth substance use problems by creating sustainable community-level change. Our environmental approach looks beyond the individual user to the group, community, & culture for factors that affect substance abuse.

#### Kentucky Child Care Assistance Program

746-D East Main St. Glasgow, KY 1-800-809-7076

### Kentucky Telecommunications Relay Service 711

Jim Stevens

Hamilton Telecommunications is the current provider for Kentucky

WEBPAGE: www.hamilton.net

SERVICES: text telephone services for persons with disabilities.

#### **KYNECTOR**

Sandra Lindsey—270-202-7367 slindsey@casoky.org (Glasgow Community Action Office) 411 Happy Valley Road Glasgow, KY 42141

The Community Action Office has a trained and certified kynector on staff to assist with Kynect programs. The kynector can help with health coverage through Medicaid, KCHIP, and Qualified Health Plans where you may qualify for the Advanced Premium Tax Credit (APTC) and /or Cost Sharing Reductions that help make coverage more affordable. The kynector can also assist with the Supplemental Nutrition Assistance Program (SNAP), and Child Care Assistance Program

(CCAP) applications. You can also visit kynect.ky.gov or call 1-855-4kynect (459-6328)

#### **Lions Club Temple Hill Lions Club**

10168 Tompkinsville Road

Glasgow, KY 270-427-4303

SERVICES: treatment of eye disease and vision

problems for low-income persons.

REQUIREMENTS: child with vision care need.

no cost

#### **Salvation Army Service Center**

108 Shane Dr. Glasgow, KY 270-579-1655

Wednesdays 10 am - noon

Caring for children through summer camp and the Christmas Angel Tree Program.

### **Counseling**

### Adanta Group Community Mental Health Center- Barren Clinic

910 Columbia Avenue Glasgow, KY 42141 Phone: 270-651-7070

### The Adanta Group Community Mental Health Center!

Adanta is a private, non-profit organization providing community-based mental health; substance abuse; developmental and intellectual disability; alcohol, tobacco and other drug prevention; and sexual assault resource services. Services are provided in the following Kentucky counties through local Adanta offices: Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne. Adanta is on Facebook! Go to http://www.facebook.com/The.Adanta.Group

Alliance Counseling Associates

104 Reynolds Road Glasgow, KY 42141 270-678-4801

#### **BrightView**

621 Happy Valley Road Glasgow, KY 42141 brightviewhealth.com

A better approach to addiction treatment 24/7 Access line at 1-833-510-HELP (4357) to speak with a live Patient Access Specialist or

visit our website at www.BrightViewHealth.com for more information.

- Outpatient Medication Assisted Treatment (MAT)
- Medical stabilization for opioids, alcohol, and other drugs
- Individual and group counseling
- Case management
- Peer Recovery Support
- Medical assessments by licensed providers
- Telehealth
- · Same day and next day scheduling
- Walk-ins accepted until 3pm

#### **Crossroads Life Center**

Carla Estes

123 East Washington St. Executive Director Office: 270-651-2299 Cell: 956-532-2710

Email: Carla@crossroadsky.org

Court appointed one-on-one parenting classes

taught by trained mentors

#### Family Options Inc.

108 Ensminger Drive Glasgow, KY - 270-659-0035.

#### Fuller Life Counseling Partners

106 West Front St. Glasgow, KY 42141 Office: 270-904-5104 fullerlifecounseling.org

#### LifeSkills, Inc. Counseling Services

608 Happy Valley Rd Glasgow, KY 270-651-8378

#### Rivendell

1035 Porter Pike Bowling Green, KY 270-843-1199

#### **Senior Perspectives**

456 Burnley Rd 1501 S. Dixie Hwy Scottsville, KY Horse Cave, KY 270-622-2890 270-786-3031

(Counseling for senior adults that have Medicare. Free transportation from program for Barren County residents.)

### Crisis Services

#### **American Red Cross**

615 A Chestnut St Bowling Green, KY 270-781-7377

Provides relief to victims of disasters and helps people prevent, prepare for and respond to emergencies. Provides food, shelter and mental health services to address basic human needs immediately following a disaster like a fire or tornado. The Red Cross is the ONLY organization who sends communications on behalf of family members who are facing emergencies or other important events to the members of the U.S. Armed Forces.

### Barren River Area Safe Space, Inc. (BRASS)

Glasgow number 270-659-0832 Crisis Line 1-800-928-1183

Services are free and confidential. BRASS is a regional program serving victims of domestic violence. A trained staff is available 24 hours a day, seven days a week. The also have a facility to provide emergency shelter for women and children of domestic violence. Other services include. counseling, casework services, advocacy, children's services, food pantry, outreach services, referrals and community education.

#### Crossroads Life Center

Carla Estes Executive Director Office: 270-651-2299 Cell: 956-532-2710

Email:Carla@crossroadsky.org

### Department for Community Based Services Protection and Permanency

270-651-8396

Child protective services, foster and adoptive homes, probation treatment and supervision of adolescents referred by the Court, case work for families in need of intervention, neglect, and abuse. Also adult services including, abuse by a caretaker or domestic violence, neglect, and disability evaluations.

### Hope Harbor, Inc.: A Sexual Trauma Recovery Center

Glasgow Satellite Office: 134 N. Race Street Glasgow, KY M-F 8:00AM- 5:00PM 270-659-3033

EMAIL: director@hopeharbor.net

SERVICES: <u>legal advocacy-</u> advocates educate victims about the legal system and accompany clients to meetings with legal officials, attorneys, or to court. <u>Community Education-</u> available to groups and organizations. <u>Counseling-</u> confidential services available to victims and their families through individual, family, and group therapy. <u>Crisis Intervention-</u> available 24/7. Advocates respond to victims in a hospital, or legal setting to provide information and support at no cost.

### **Crisis Hotlines**

#### **Emergency**

911

### Adult and Child Abuse Hotline 1-800-752-6200

## Barren River Area Safe Space, Inc (Brass, Inc)

1-800-928-1183

### **Barren County Sheriff Tip Line** 270-646-8771

#### **Child Abuse Hotline**

1-800-422-4453

#### **Crossroads Life Center**

Pregnancy Option Line 1-800-712-4357

### Domestic Violence Hotline (English & Spanish)

1-800-799-SAFE (7233)

#### Drug & Alcohol Helpline

1-855-378-4373



#### **Hope Harbor Crisis Line**

Sexual Trauma 1-800-656-HOPE (4673) 270-846-1100 (Direct to BRADD advocates)

#### **Kentucky State Police**

1-800-222-5555

### Kentucky State Police Child Abuse Hotline

1-800-543-7723

#### **Lifeskills-Service Centers**

270-843-4357 270-651-8378, ext 1010

### National Domestic Violence Hotline TTY

1-800-787-3224

#### **National Human Trafficking Hotline**

1-888-373-7888

#### **National Runaway Hotline**

1-800-621-4000

#### **Parent Helpline**

1-800-432-9251

#### **Poison Emergency Information**

1-800-722-5725

#### **Pregnancy Support Center**

1-270-781-5050

#### **Social Security Fraud**

1-800-269-0271

#### **Suicide Prevention Lifeline**

988

### **Employment**

#### **Ahead Staffing**

132 S Public Square 270-361-5119

#### Goodwill Industries of KY, Inc.

Goodwill Works KY Career Coach

West Region

Christy Smith

212 S. L. Roger Wells Blvd

Glasgow, KY 42141 Office: 270-781-4930 Fax: 270-782-0598 Cell: 270-746-3045

Christy.Smith@goodwillky.org

Provides job search assistance in order to help individuals obtain & maintain employment. Call for

an appointment.

#### Indeed.com

Jobs listing website

#### **Kentucky Career Center**

445 N. Green Street

PO Box 218 Glasgow, KY 270-651-2121

WEBPAGE: www.kewes.ky.gov

SERVICES: Training and education for K-TAP

recipients. Job search and placement.

Professional & Career Development workshops

### **Kentucky Department of Vocational Rehabilitation Barren County Office:**

445 N Green St Glasgow, KY

270-651-5147

SERVICES: assists Kentuckians with disabilities to achieve suitable employment and independence. Offers assessment, counseling and guidance, vocational and other training services, supported employment, rehabilitation technology, job placement and job retention services. REQUIREMENTS: must be a person with a permanent disability supported by written documentation by a doctor.

#### **Luttrell Staffing**

1509 S Green St Glasgow, KY 270 651-7277

# Entertainment and Fitness

#### **American Martial Arts Academy**

402 Reynolds Rd Glasgow, KY 270-651-3446

#### **Barren River State Park**

Lucas, KY 270-646-2151

#### **Beaver Trail Softball Complex**

115 Beaver Trial Glasgow, KY 270-678-1403

#### **Extreme Fitness**

135 Moran St Glasgow, KY 270-651-3036

#### **Extreme Gymnastics**

111 Moran St Glasgow, KY 270-651-2808

#### **Glasgow Recreation Department**

309 S Liberty Glasgow, KY 270-651-3811

#### Recreation Department Parks

#### 1. American Legion Park

805 Happy Valley Rd.

#### 2. City Pool

805 Happy Valley Rd.

#### 3. Beaver Trail

115 Beaver Trail

#### 4. Gorin Park

201 Gorin Park Dr.

#### 5. Luska J Twyman Park

545 Bunche Ave.

#### 6. Weldon Park

100 Weldon Dr.

#### Plaza Theater

115 E. Main St, Glasgow, KY 270-361-2101

Offers live concert events by local, regional and national performing artists

#### Ralphie's Fun Center

702 Happy Valley Rd. Glasgow, KY 270-629-4263

Family entertainment center offering bowling, skating, mini-golf, arcade games, and laser tag. Specializes in birthday parties and special events.

#### Mary Wood Weldon Public Library

1530 S Green St Glasgow, KY 270-651-2824

www.weldonpubliclibrary.org

Friday & Saturday, 9:00 a.m. to 4:00 p.m. The library offers many fun services and programs for the residents of Barren County. Patrons can check out movies, books, and magazines, as well as use several great digital services. Public computers provide access to online entertainment. Fun programs include story hours; youth programs like Minecraft, Lego Robotics, and Game Day; craft programs; special movie showings; and much more. The first library card is free to Barren County residents as well as those who work or go to

Hours: Monday-Thursday, 9:00 a.m. to 8:00 p.m.;

#### Workout Anytime

school in the county.

930 Happy Valley Rd Glasgow, KY 270-629-4111 Open 24 hrs.

#### YMCA of Barren County

1 YMCA Way Glasgow, KY 42141 270-651-7599



#### Food

# Feeding America Commodity Distribution (Glasgow Housing Authority)

TEFAP— Program for families of any age.
CSFP— Senior Boxes for Individuals 60 and older

Glasgow Distribution for Zip Codes: 42141, 42142, 42123, 42130, 42131, 42133, 42156, 42166 at Riverlake Church 2870 N. Jackson Hwy, Glasgow, KY for TEFAP. PLEASE SEE SCHEDULE ON LAST PAGE OF THIS GUIDE FOR DATES AND TIMES.

#### Senior Boxes

ALL Barren Co. Zip Codes pick up Senior Boxes at the HERO Center 100 Cheatham St Glasgow.. PLEASE SEE SCHEDULE ON LAST PAGE OF THIS GUIDE FOR DATES AND TIMES.

Cave City Distribution for Zip Codes: 42127, 42152, 42160, 42171, 42749 for TEFAP at Cave City Convention Center 502 Mammoth Cave St. Cave City, KY PLEASE SEE SCHEDULE ON LAST PAGE OF THIS GUIDE FOR DATES AND TIMES.

#### **Community Relief**

317 A Columbia Ave 270-651-9006

This agency assists low income families with many services. Some include food, deposits, electricity and water cut off notices, clothing, emergency shelter, Back to School Assistance Program.

#### **Highland Hills Church**

300 S. Broadway, Glasgow, KY Food Pantry every Wednesday from 4:00 till 6:00pm

#### Next Step

107 West College St. 659-0020

This agency assists low income families with many services. Some include food, deposits, electricity and water cut off notices, clothing, emergency shelter

#### Soup Kitchen at Bunche Center

301 Bunche Ave

Serves a hot lunch every Monday, Tuesday, Thursday and Friday from 11:30am till 1:00pm. 270-659-0038

### South Green St. Church of Christ Food Pantry

306 S. Green St. Glasgow, KY 2nd & 4th Wednesday from 9:00 till 12:00

#### ST. HELEN'S FOOD PANTRY

156 McGrah Ave.

Every Tuesday from 8am till noon

### Supplemental Nutrition Assistance Program (SNAP)

(Formerly Food Stamps)

Family Support Office 746-D East Main St Glasgow, KY 270 651-5119

### **Higher Education**

#### PJ'S College of Cosmetology

920 Happy Valley Rd Glasgow, KY Phone– 270-651-6553

### Southern KY Community & Technical College (SKYCTC)

#### **Glasgow-WKU Campus**

**Glasgow Technology Campus** 

500 Hilltopper Way

Glasgow, KY

Phone-270-659-6900

The Glasgow Tech campus offer programs in Industrial Maintenance and Computer and Information Technologies. For more information about the Glasgow Technology campus you can call Mark Powell at (270) 659-6928.

**Glasgow Nursing Campus** 

129 State Ave.

Glasgow, KY

(270) 901-1200 or (270) 651-5673.

The Glasgow Campus offer programs in the field of Nursing.

### Western KY University-Glasgow Campus

500 Hilltopper Way Glasgow, KY 42141 Phone: 270-861-6900 Fax: 270-659-6991

#### Lifeskills- Service Centers

270-651-8378, ext 1010 1-800-621-4000

#### Housing

### Bowling Park Homeless Shelter (Edmonton)

1608 W Stockton Street
Open Mon - Fri 8:00am till 4:00pm
Can not have any drug or sexual offense charges,
can stay a max of 30 days, must work 2 hours per
day at the park
Call Cathy Powers @ 270 432-7204

#### **BRIDGE Kentucky**

Mallie Boston 270-629-5323 9:00 - 4:30 Tuesday - Friday During the colder season emergency overnight shelter and meals are available through the Room In The Inn Program.

#### **Community Outreach (Tompkinsville)**

30 day stay max must be homeless or being evicted, can help with rent, deposits, utilities Call Evon Fields @ 270 487-6883

#### **Glasgow Housing Authority**

111 Bunche Ave Glasgow, KY 270 651-3859

Public Housing Assistance and Section 8 Program available

### Habitat for Humanity of Glasgow Barren County Inc.

506 West Main St Glasgow, KY 270 629- 5775

#### **Next Step**

107 West College St 659-0020

This agency assists low income families with many services. Some include food, deposits, electricity and water cut off notices, clothing, emergency shelter.

### Salvation Army Shelter (Bowling Green)

54 beds, can house 75 people, only married couples, a family, or single individuals with children Requires picture ID at sign in, sign in is at 5:**00pm** 400 W Main Ave, Bowling Green - speak with anyone on duty

### **Medical Services**

#### **Barren County Health Department**

318 W. Washington Street PO Box 1464 Glasgow, KY 270-651-8321 Fax 270-659-0062 Monday-Friday: 8:00 AM to 4:30 PM

#### What is the HANDS Program?

HANDS supports you throughout your pregnancy and the first two years of your baby's life. From pregnancy to the terrific twos, HANDS is here to answer all your questions during the different stages of baby's growth. Families meet with a HANDS parent visitor who can answer your questions and address your concerns about pregnancy or baby's first years. All families receive information and learn about resources available in the community for new parents. Some families receive further support through home visitation. That's right. Information is brought right to the Who Can Participate?

Any parent expecting a new baby and residing in Kentucky is eligible. Families must be enrolled during pregnancy or before a child is 90 days old.

#### When do HAND Services Begin?

Services can begin during pregnancy or anytime before a child is 3 months old.

#### **Community Medical Care**

A program of the T.J. Community Mission Foundation.

134 N. Race Street Glasgow, KY 42141 270-659-0229

Email: cmc@tjsamson.org

The T.J. Community Mission Foundation (TJCMF) and Community Medical Care (CMC) are excited to announce the two organizations are joining forces

Their mission is to provide access to basic health care for low-income working adults and senior citizens unable to afford health services.

#### **Senior and Adult Program Requirements:**

Barren County Resident

Low Income (200% Poverty Level)

No Other Resources to Pay for Assistance

#### What You Will Need:

Proof of all Income

Households Social Security Cards

Last year's tax returns if you filed

All insurance cards and ID

#### **Types of Assistance:**

Senior Card

Age 65 or older

Assets under \$10,000

Senior Card reviewed every 6 months

CMC pays 75% cost of medication (up to \$200/

month). Client pays 25% copay.

Voucher must be written for prescription before CMC will assist with payment.

Assist with paper work and c0-payment of r discounted hearing aids & dentures.

**Adult Card** 

Age 18-64 and working

Assets under \$5,000

Adult Card reviewed every 3 months

CMC pays 75% of cost of medication (up to \$150  $\,$ 

per 3 months). Client payss25% copay.

Voucher must be written for prescription before

CMC will assist with payment.

Services are offered through volunteers and donations.

Patient is responsible for paying the bills for services which are not donated or covered.

#### BREAKING BARRIERS TO CARE

Program Requirements

T.J. Regional Health oncology patient Low income (300% poverty level)

No other resources to pay for assistance What you will need

Meet with the T.J. Regional Health Oncology Nurse Navigator and complete a CMC Referral Form

Release of Information Form

Types of Assistance

Nutritional drinks at a discounted price.

Gas cards or transportation to attend treatment and doctor appointments.

Mastectomy supplies, post-surgery and aftercare needs such as; prosthesis, bra, camisole, sleeve, glove and gauntlet.

Cranial prostheses and wigs.

#### **Hosparus Health**

#### **Barren River-Glasgow**

1320 N Race Street

Glasgow, KY 42141

#### **Barren River-Bowling Green**

101 Riverwood Ave., Suite B Bowling Green, KY 42103 270-782-7258

800-264-0521

hosparushealth.org

Offering Compassionate care for patients and families who choose to have the best quality of life possible until the end of life. We offer palliative and hospice care services to adults and children facing serious illness where ever they call home.

#### **Social Services-Kentucky Medicaid**

Department for Community Based Services 746 D East Main St Glasgow, KY 42141 1-855-306-8959

#### **Local KYNECTOR**

Sandra Lindsey—270-202-7367 slindsey@casoky.org (Glasgow Community Action Office) 411 Happy Valley Road Glasgow, KY 42141

#### T.J. Samson Community Hospital

1301 North Race St. Glasgow, KY 42141 270-651-4444

#### T.J. Health Pavilion

310 N. L. Roger Wells Blvd. Glasgow, KY 42141

〔13<sup>〕</sup>

#### 270-651-1111

An outpatient services facility that houses several primary care offices. It also offers services such as a retail pharmacy, dialysis, urgent care, rehabilitation, lab, radiology, oncology, cardiology, urology, gynecology, nephrology.

#### T. J. Health Pavilion Urgent Care.

Located at the West A Entrance 310 N. L. Roger Wells Blvd. Glasgow, KY 42141 270-659-5555

Hours of operation:

7:00 a.m. to 7:00 p.m.

7 days a week

For those who need immediate care, but do not need to visit an emergency room. Experienced, caring staff & providers to address illnesses & injuries with quality service at lower cost than a trip to the emergency room.

### Family Resource

(Area School's Youth Service Centers)

#### **Barren County's YSCs**

#### **Austin Tracy Elementary**

Dana Salley 2477 Austin Tracy Rd Lucas, KY Center - 270-646-4784

School - 270-646-2236

#### **Barren County High School**

Carrie Fisher 507 Trojan Trail Glasgow, KY

Center - 270-651-6587

School - 270-651-6315

#### **Barren County Middle School**

Jean Ann Emerson 555 Trojan Trail Glasgow, KY Center -270-651-1077 School - 270-651-4909

#### **Barren County Trojan Academy**

Shelly Young 505 Trojan Trail Glasgow, KY

Center - 270-651-5509

School - 270-629-5505

#### **Eastern Elementary**

Felicia Montgomery 4601 New Salem Road Glasgow, KY Center - 270-678-4480 School - 270-678-2722

#### Hiseville

Stephanie Decker 149 Cardinal Blvd. Hiseville, KY Center - 270-453-4426 School - 270-453-2611

#### **North Jackson**

Whitney Wood 2002 North Jackson Highway Glasgow, KY Center - 270-629-5388 School - 270-629-2300

#### **Park City Elementary School**

Brandi Kinslow 45 Indian Mill Road Park City, KY Center - 270-749-2507 School - 270-749-5665

#### **Red Cross Elementary School**

Whitney Stratton 215 Parkview Drive Glasgow, KY Center - 270-651-1319 School - 270-659-2400

#### Temple Hill School

Ashley Seeley 8788 Tompkinsville Rd Glasgow, KY Center - 270-427-2273 School - 270-427-2611

#### Glasgow's YSCs

#### Glasgow High School

Autumn Hardin 1601 Columbia Ave. Glasgow, KY 42141

Center: 270-659-7175School: 270-651-8801

#### Glasgow Middle School

Tina Cook

105 Scottie Dr.

Glasgow, KY

Center - 270-651-1276 School - 270-651-2256

#### **Highland Elementary**

Gretchen Williams

164 Scottie Dr.

Glasgow, KY

Center - 270-659-0342

School - 270-659-0432

#### South Green Elementary

Tammy Lindsey

300 James T Rogers Dr

Glasgow, KY

Center - 270-651-1327

School - 270-651-3806

#### Caverna YSCs

#### Caverna Schools

Terry Smith

1102 N Dixie

Cave City, KY

FRYSC Center - 270-773-4149

Elementary School - 270-773-3671

Middle School - 270-773-4665

High School - 270-773-2828

### <u>Thrift & Consignment</u> <u>Stores</u>

#### **Goodwill Industries of Kentucky**

(Clothing and Household) 212 S. L. Roger Wells Blvd.

Glasgow, KY

270-651-8178

#### **Habitat for Humanity ReStore**

506 W Main St, Glasgow, KY

Phone: (270) 629-5775 Open: 9:00am till 4:00 pm

#### Michelle's Consignment

(Clothing)

1605 S. Green Street

Glasgow, KY

270-834-1496

#### **Next Step**

(Clothing and Household items) 107 West College St

659-0020

#### The Salvation Army Family Store

(Clothing and Household items)

108 Shane Dr.

Glasgow, KY

270-659-2820

## Transportation Services

#### DTS Inc.

Non-Emergency Medical Transportation Dave's Transportation Service Inc.

270-678-5987

dtsoffice@dts-ky.com

www.dts-ky.com

#### **Glasgow Transit System**

270-629-4848 See page 19 for a schedule.

No charge for this service.

#### **Days & Hours of Operation**

Monday thru Friday 6:45 A.M. to 6:30 P.M.

#### **Holiday Schedule**

Services will be offered on: Martin Luther King Jr Day, President's Day, Juneteenth, and Veteran's Day 8:15 a.m.- 3:55 p.m.

There will not be anyone available in the office on these days, you will need to make arrangements on the business day prior.

Glasgow Transit operates a deviated fixed route for persons with or without disabilities. This means that passengers can request to be picked up or

dropped off up to 1/4 of a mile off the bus route. Pickup and drop off locations will be at the curb in a safe location and away from heavy traffic areas. For more information, to schedule a route deviation, or wheelchair pickup call 270-629-4848 or email transit@cityofglasgow.org. Please make these arrangements 24 hours in advance during the business hours of 7:00 a.m.- 3:30 p.m. Glasgow Transit is free and open to the general public.

Glasgow Transit Rider's Guide and Rules:

- Follow FTA Mandates regarding mouth and nose covering
- 2. No profane or vulgar language
- 3. No eating, drinking, or smoking in the vehicle
- 4. Do not board the vehicle under the influence of drugs or alcohol
- No pets on the vehicle, only service animals are allowed
- 6. All passengers are required to abide by KY state seat belt laws
- 7. Children under the age of 12 must be accompanied by an adult
- 8. Prohibited items include, but not limited to guns, knives, hazardous materials, explosives, and dangerous liquids
- Carry-on packages are limited to what the boarding passenger can safely bring aboard at one time
- 10. Do not place anything on the floor that may roll or move when unattended

In case of Inclement weather, Glasgow City Transit follows the Glasgow City Schools
Schedule and will be announced on <u>Channel 13</u>
WBKO Polar Report and WCLU Radio and posted on "City of Glasgow Kentucky Municipal Government" Facebook page.

#### Ron & Brenda's Transportation

270-904-2062 or 270-904-2048

# 2024 Kentucky Transportation Pop Up Licensing Events

For any questions regarding the Popups, please email Lisa Russell at <a href="mailto:lisar@ky.gov">lisar@ky.gov</a>. Popup events are only for residents of the county hosting the event. All events will

be held at:

Lera B. Mitchell 1214 S. Green St. Glasgow, KY, 4214

Register Online for Pop Up Event at Info @ KY.gov Starting January 24, 2024 for Pop Up Event February 7, 2024

Register Online for Pop Up Event at Info @ KY.gov Starting March 27, 2024 for Pop Up Event April 10, 2024

Register Online for Pop Up Event at Info @ KY.gov Starting May 29, 2024 for Pop Up Event June 12, 2024

Register Online for Pop Up Event at Info @ KY.gov Starting July 31, 2024 for Pop Up Event August 14, 2024

Register Online for Pop Up Event at Info @ KY.gov Starting September 25, 2024 for Pop Up Event October 9, 2024

Register Online for Pop Up Event at Info @ KY.gov Starting October 30 2024 for Pop Up Event November 13, 2024

Serving Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson and Warren Counties.

Necesita ayuda Llama 2-1-1

1-844-966-0906 24/7 Service Confidential & Free

### **Utility Assistance**

### Community Action of Southern Kentucky

411 Happy Valley Rd Glasgow KY 270-651-8171

This agency provides a variety of services (depending on available funding): LIHEAP Subsidy & Crisis heating assistance, electric & natural gas assistance, water & sewer, food pantry, Goodwill Vouchers, Garden Voucher Program, CSBG Educational Scholarship, Weatherization, Budget & Employment counseling. Contact the local office for more details on income limits for each program.

#### **Community Relief**

317 A Columbia Ave Glasgow, KY 270-651-9006

This agency assists low income families with many services. Some include food, deposits, electricity and water cut off notices, clothing, emergency shelter, Back to School Assistance Program.

#### **Next Step**

107 West College St 659-0020

This agency assists low income families with many services. Some include food, deposits, electricity and water cut off notices, clothing, emergency shelter

### **VETERANS**

#### **American Red Cross**

270-659-2050

#### **Family Programs for Veterans**

Danielle Rice

FAC Specialist, HRCI Contractor

410 Cavalry Dr.

Glasgow KY 42141 Office: 502 607-2358 Cell: 502 682-7850

danielle.r.rice.ctr@mail.mil

After Hours: 1-800-372-7601 option 1

#### **VA Benefits**

Stephen Buford, KDVA Benefits Representative 270-651-9578 or 800-850-1392 Stephen.Buford@ky.gov

#### **VA Homeless Program**

Ron Georgette 615-426-2126

### Veterans Employment & Training Services (VETS)

Glasgow Area Career Center:

Disabled Veterans' Outreach Programs Specialist

Vernetta Douglas

vernetta.douglas@ky.gov

445 N. Green Street

Glasgow, KY

SERVICE AREA: Barren, Hart, Metcalfe, and

Monroe Counties

WEBPAGE: http://oet.ky.gov/des/veteran/

veteran.asp

SERVICES: assistance with job search, resume writing, interview techniques, job placement, virtual workshop centers, welfare to work & work opportunity tax credit, deferral jobs for disabled veterans.

REQUIREMENTS: come in person with your

DD214

#### **Veterans of Foreign Wars (VFW)**

WEBPAGE: www.vfw.org

#### Post 5906 Edwin P. Barlow Post

PO Box 1121 Glasgow, KY 270-651-8449

#### Post 6857 Ray C. Pedigo Post

PO Box 95 Glasgow, KY 270-678-3356

### **Youth Organizations**

#### YMCA of Barren County

1 YMCA Way Glasgow, KY 42141 270-651-7599

	1	
Glasgow-Barren County Boys and		
Girls Club		
Mallie Boston		
270-629-5323		
Glasgow, KY 42142		
The Boys and Girls Club of Glasgow-Barren		
County serves local youth ages 6 -18		
throughout the year both as an after –school		
program and a summer camp. During their		
time at the club members are served hot meals		
and have access to clubs, projects, a full size		
gym, an computer lab.		
	1	

Glasgow Transit Bus Schedule		Sc	heduled	Scheduled Stops Approximate Times	proxima	ate Time	Si	
DPW/Transit Office*	6:45 AM	8:15 AM	9:45 AM	11:45 AM	1:15 PM	2:35 PM	4:00 PM	5:20 PM
Humble Ave/Community Building*								
Village Center/Hatchett Home Health								
Regency Park Apts*/Cherry St Calvary Baptist Chruch	6:55 AM	8:25 AM	9:55 AM	11:55 AM	1:25 PM	2:45 PM	4:10 PM	5:30 PM
Wall St/Wendy's Restaurant								
Happy Valley Shopping Center Houchens IGA #597								
TJ Samson Hospital South & North Entrance								
Central Center Shopping Center/Big Lots	7:15 AM	8:40 AM	10:15 AM	12:15 PM	1:45 PM	3:00 PM	4:25 PM	5:45 PM
Walmart Superstore								
TJ Pavilion/Ruler Foods*								
Highland Common/Food Lion/Rural King	7:30 AM	9:00 AM	10:30 AM	12:30 PM	2:00 PM	3:15 PM	4:40 PM	5:55 PM
Childress/ Quail Ridge/Britthaven								
Lakeview Apts*								
Southgate Plaza/Houchens IGA #60/ Public Library	7:50 AM	9:20 AM	9:20 AM 10:50 AM	12:50 PM	2:20 PM	3:35 PM	4:55 PM	6:10 PM
Housing Authority/Community Building*								
Mayfield Plaza*								
Robinson Court	8:00 AM	9:30 AM	11:00 AM	1:00 PM	2:25 PM	3:45 PM	5:05 PM	6:20 PM
Bunche Ave/Ralph Bunche Complex/Soup Kitchen*								
Save A Lot								
Public Square/U S Bank*								
Liberty St Apts*	8:10 AM	9:40 AM	11:10 AM	1:10 PM	2:30 PM	3:55 PM	5:15 PM	6:30 PM
*denotes shelter locations								

#### **2024 Commodity Calendar**

Please call Kasey Lee @ Housing Authority of Glasgow 270-651-3859 for questions

SENIOR BOX	GLASGOW COMMODITIES	CAVE CITY COMMODITIES
HERO CENTER	RIVERLAKE CHURCH	CC CONV. CENTER
100 CHEATHAM ST	2870 N JACKSON HWY	502 MAMMOTH CAVE ST
8:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM
Jan. 2	Jan. 16	Jan. 18
Feb. 6	Feb. 20	Feb. 22
Mar. 5	Mar. 19	Mar. 21
Apr. 2	Apr. 16	Apr. 18
May. 7	May. 21	May. 23
June. 4	June. 18	June. 20
July. 2	July. 16	July. 18
Aug. 6	Aug. 20	Aug. 22
Sept. 3	Sept. 17	Sept. 19
Oct. 8	Oct. 22	Oct. 24
Nov. 5	Nov. 19	Nov. 21
Dec. 3	Dec. 17	Dec. 19

#### OTHER FOOD RESOURCES

<u>Community Relie</u>f – 317A Columbia Ave, Glasgow 270-651-9006

This agency assists low income families with many services, including food.

<u>Highland Hills Church</u> – 300 S. Broadway, Glasgow

Food Pantry every Wednesday from 4:00 till 6:00 pm

<u>Next Step</u> – 107 W. College St. Glasgow 270-659-0020

This agency assists low income families with many services, including food.

<u>Soup Kitchen at the Bunche Center</u> – 301 Bunche Ave. Glasgow 270-659-0038 Serves a hot lunch every Monday, Tuesday, Thursday and Friday from 11:30am till 1:00pm

<u>South Green St. Church of Christ Food Pantry</u> – 306 S. Green St. Glasgow Food pantry opens 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays from 9:00am till 12:00pm

St. Helen's Food Pantry – 156 McGrah Ave. Glasgow

Food Pantry opens every Tuesday from 8:00am till 12:00pM