

GLASGOW FIRE DEPARTMENT

Standard Operating Guideline

GUIDELINE: STATION SAFETY			SECTION: 305
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STATION SAFETY

1. A large percentage of personal injuries occur while participating in routine activities at or around the station. Most of these injuries could be prevented by observing proper safety practices and adopting a safety conscious attitude.
2. Station Maintenance
 - a. Many personal injuries could be avoided through a policy of safety conscious station maintenance.
 - b. Efforts shall be made to keep apparatus floors free from slippery substances and obstructions (water, oil, hydraulic fluid, etc.) should be mopped up whenever accumulations appear, especially on the traffic areas around and between the apparatus.
 - c. Station floors shall also be free of slippery substances. Traffic route areas, hallways, stairs, etc., should be clear of unnecessary obstacles and obstructions.
3. Grounds maintenance
 - a. Safety precautions shall be observed when using power lawn equipment (mowers, trimmers, edger's, etc.)
 - b. The blade guard on power edger's and trimmers shall be serviceable and in the proper position for the intended use before operation.
 - c. Safety goggles shall be available and shall be utilized to provide eye protection from rocks, twigs and other propelled objects when operating mowers, edger, etc.
 - d. Do not use defective equipment such as ladders with broken rungs, power equipment without the proper safety protection, etc. Repair or replace before use.
4. Lifting and Pulling - Utilize the following proper lifting techniques when lifting moderate to heavy objects:
 - a. Use your legs to lift, bend your knees
 - b. Keep your back straight
 - c. Do not twist your body while lifting, reposition your feet to avoid twisting
 - d. To lift heavy objects, get your body as close to the object as possible
 - e. Heavy objects should ideally be stored at approximately waist height to prevent unnecessary lifting
 - f. Do not attempt to lift or carry more than can easily be handled. If necessary, GET HELP!
 - g. When dragging or loading a hose, do not pull more than can be pulled with relative ease. If needed, GET HELP!