

GLASGOW FIRE DEPARTMENT
Standard Operating Guideline

GUIDELINE: REHAB			SECTION: 220
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DEFINITION

3. Is the process of providing rest, rehydration, nourishment, and medical evaluation to members.

PROCEDURES

5. The Incident Commander shall establish rehab when conditions indicate that rest and rehabilitation is needed for personnel working at an incident or training activity.
6. If EMS is not at the scene the IC will request EMS to standby at the scene of an incident when needed
7. The operations of rehab may be assigned to the Safety Officer by the IC.
8. Each company officer is responsible to continually monitor the conditions of their crew for signs of stress and fatigue. When the conditions are noted the company officer shall request the effected members be reassigned to rehab.

INCIDENT ACTIONS

5. Rehab should be positioned to provide for physical rest.
6. Rehab should be positioned far enough away to allow personnel to safely remove their PPE
7. Provide suitable protection from the prevailing weather conditions
8. Be easily accessible by ambulance

RELEASE FROM REHAB

3. To be released from rehab the crew members should be refreshed, rested, and medically cleared. The guidelines are as follow:
 - a. Pulse rate below 100 beats per minute
 - b. Respirations below 20 per minute
 - c. Systolic blood pressure below 160
 - d. Diastolic blood pressure below 100
 - e. Temperature below 100 F
4. When members are released from rehab they will report to command for reassignment.